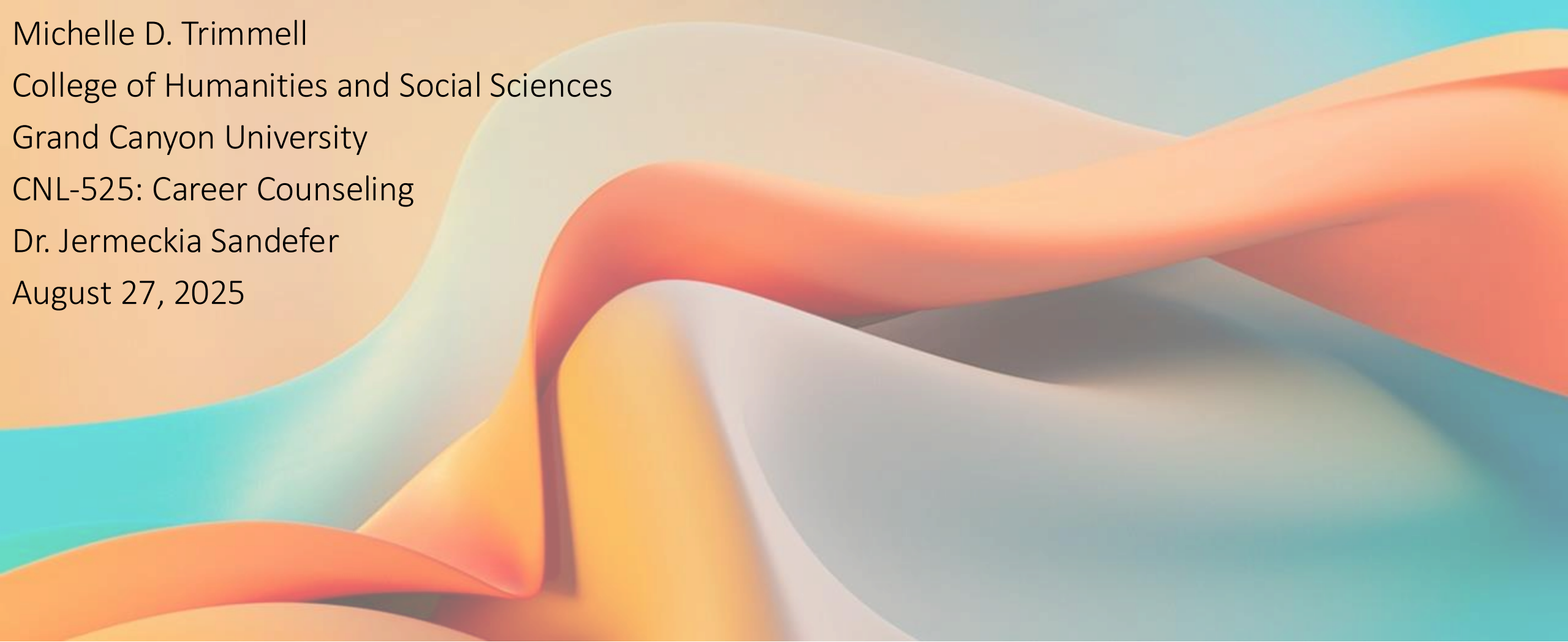




Michelle D. Trimmell
College of Humanities and Social Sciences
Grand Canyon University
CNL-525: Career Counseling
Dr. Jermeckia Sandefer
August 27, 2025

Vincent Santiago Arroyo: Career Counseling Case Analysis

Applying Social Cognitive Career Theory

Demographics

- 17-year-old, Male, Hispanic/Latino, High School Junior
- Culture
- Academic Performance
- Super's Exploration Stage
- Barriers



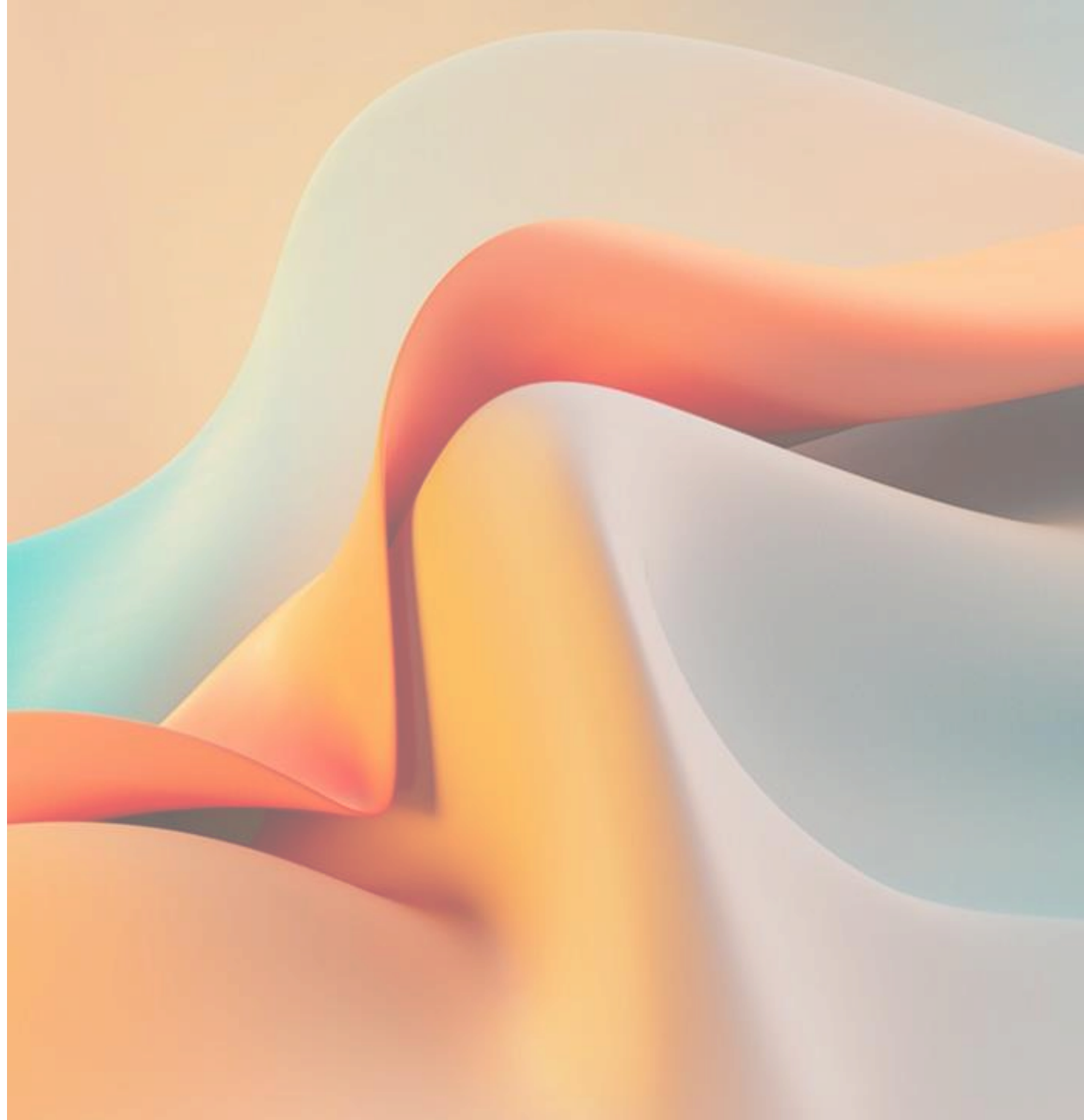


Career Development

- Currently works
- Necessity and aspirations
- Wants to join the Marines
- Academics & ASVAB
- Limited time for homework
- Exploration

Reasons for Counseling

- Graduating high school
- Sexual Identity
- Direction for a military path
- Personal and practical
- Intersection
- Counseling strategy



Unique Issues

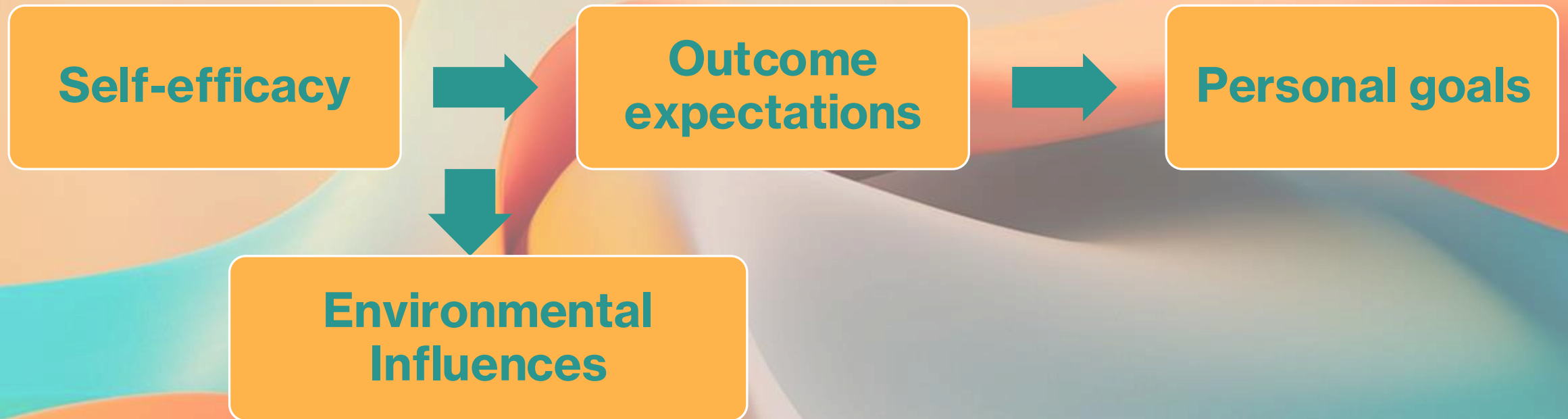
- Loss of his father
- Family obligations & financial challenges
- Academic struggles
- Struggle with sexual orientation & identity
- Military risks
- Holistic care



Social Cognitive Career Theory

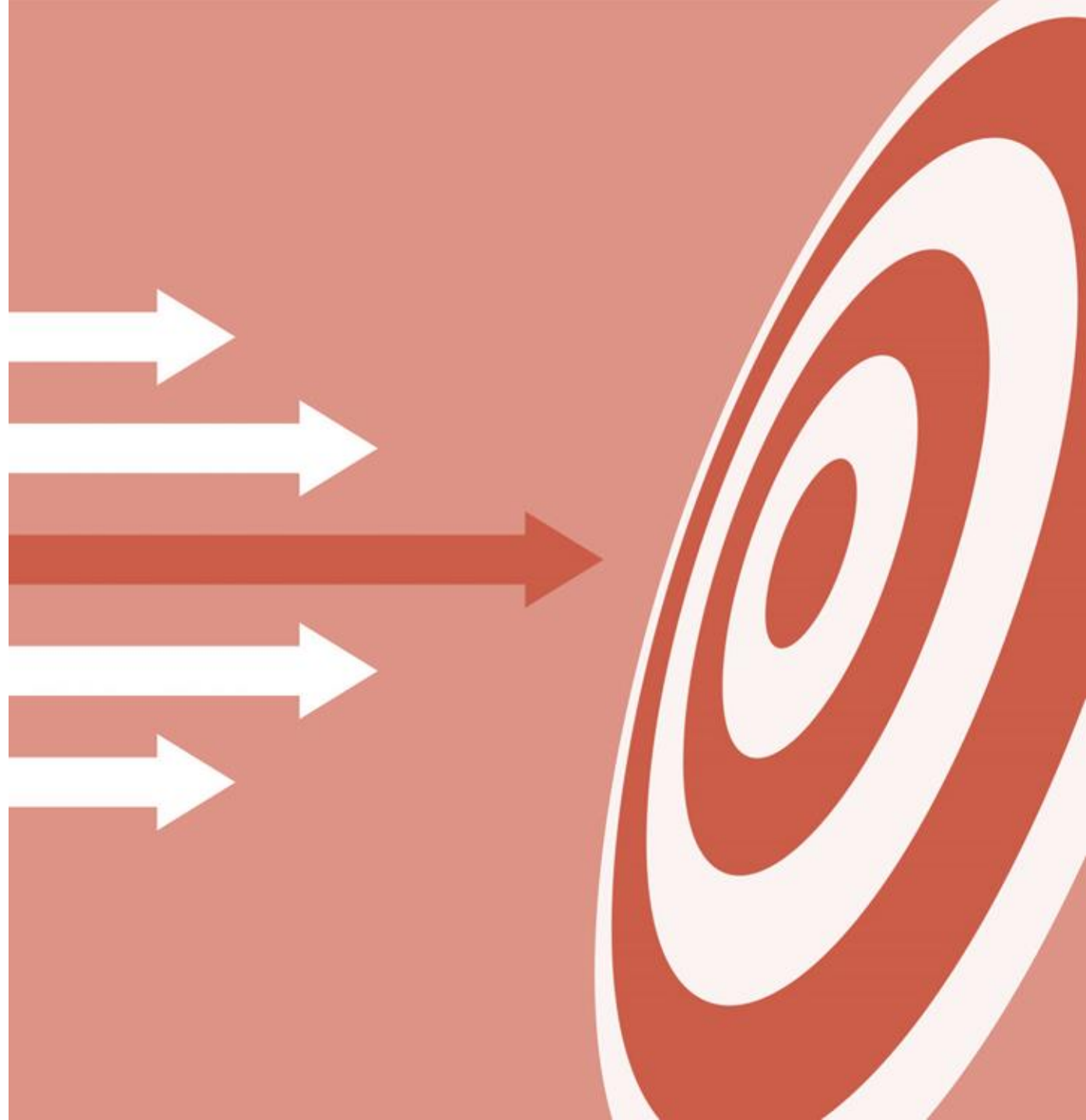
Developed by Lent, Brown, & Hackett

Core Concepts



Applying SCCT

- Self-efficacy
- Expectations
- External factors
- Counseling Goals
- Satisfaction & well-being





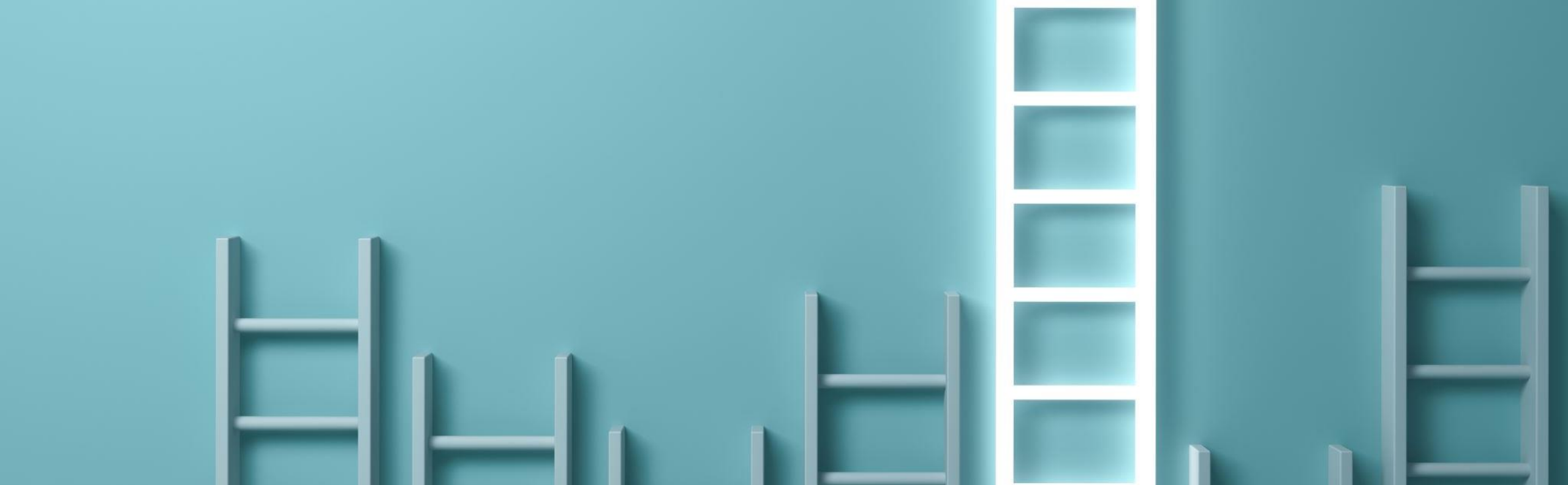
Initial Assessment

- Background, values, interests, strengths, and barriers
- Academic history/performance & military eligibility requirements
- Career interests & assessment tools
- Self-efficacy
- Coping skills and resilience



Initial Assessment

- Sexual identity development and well-being
- Social support networks
- Mental health and emotional functioning
- Financial situation and stressors
- Decision-making style & career readiness



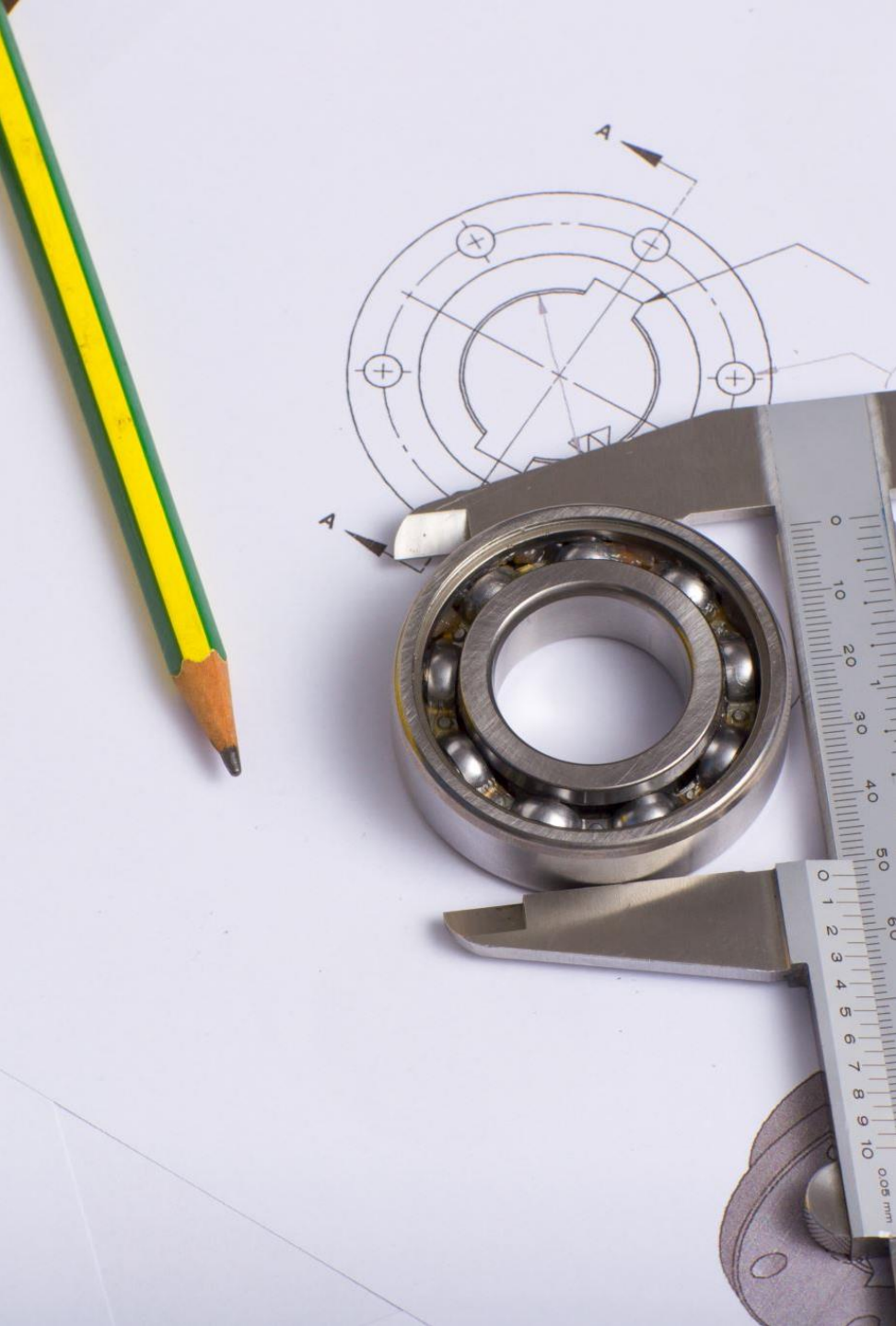
Career Development

- Identify self-efficacy
- Examine outcome expectations
- Clarify interests
- Set goals
- Identify supports and barriers
- Build coping and adaptability
- Integrate performance feedback

Career Resources

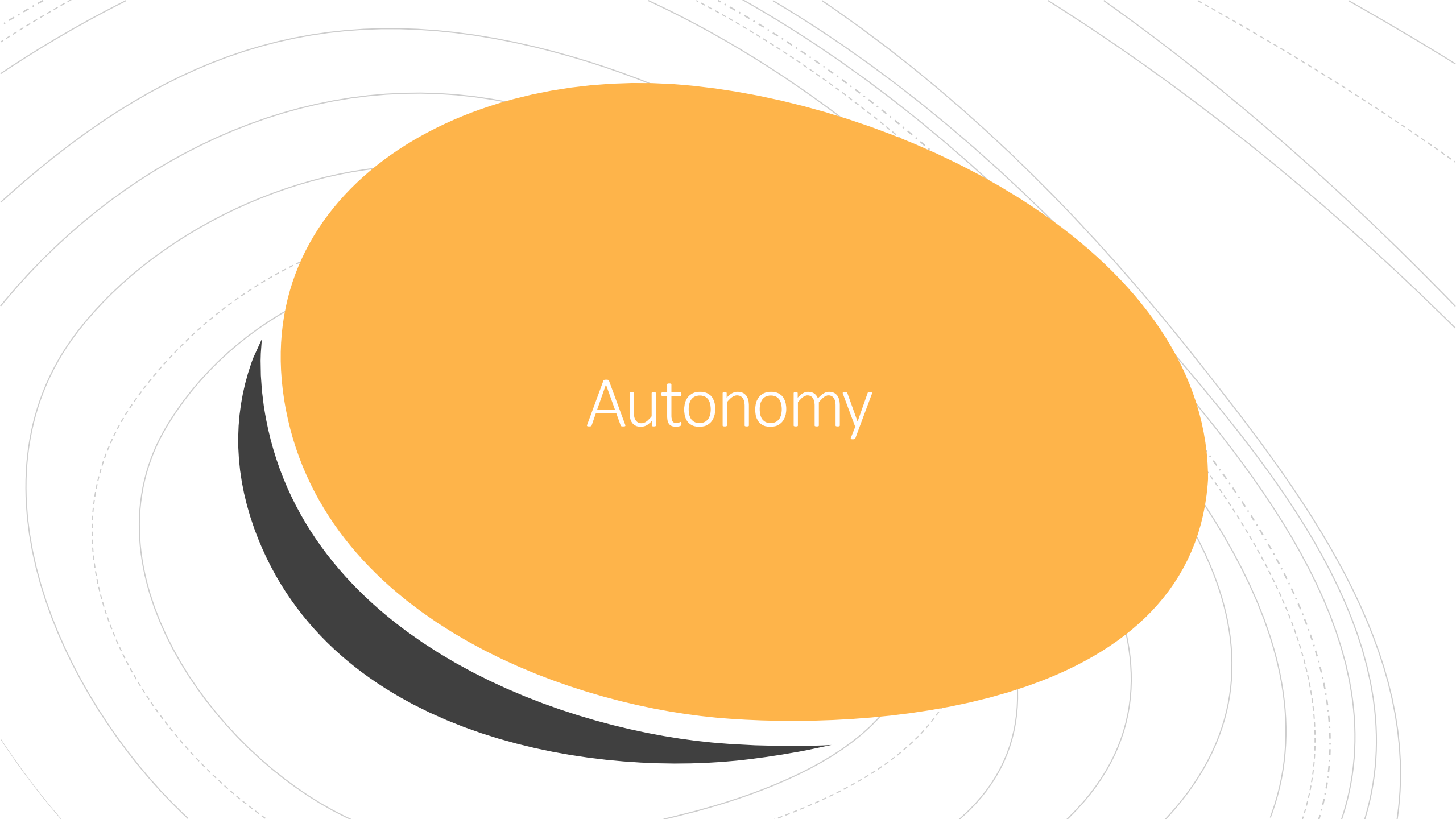


- [CareerFitter.com](#)
- [Oregon State University Career Development Center](#)
- [Maricopa County Youth Workforce Services](#)
- [one·n·ten](#)



Assessment Tools

- SII & O*NET
- CDSE
- SEQ-C
- OEQ
- Journaling
- Interest inventories & narratives
- CMI & CDI
- A-COPE
- CFI

The background features a series of thin, light gray concentric circles centered on the left side. A thick, dark gray swoosh curves from the bottom left towards the center. A large, solid orange oval is positioned in the upper right quadrant, containing the word "Autonomy" in white text.

Autonomy

The background of the slide features several thin, curved lines in a light gray color, some solid and some dashed, creating a sense of movement and depth. On the left side, there is a large orange shape that resembles a speech bubble or a callout box, with a small tail pointing downwards. Inside this orange shape, the text 'Ethical Standards' is written in white. To the right of this shape, there is a list of two items, each preceded by a small orange square bullet point.

Ethical Standards

- Welfare of those served
- Avoiding harm and imposing values

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