



Dear Hiring Manager,

I am excited to apply for a Clinical Mental Health Counselor position with your organization. As I prepare to complete my Master of Science in Clinical Mental Health Counseling at Grand Canyon University, I look forward to serving clients with compassion, professionalism, and a genuine commitment to helping them create meaningful change.

My path to counseling has been anything but traditional, and I consider that one of my greatest strengths. As a U.S. Air Force veteran, military spouse for more than three decades, and professional with experience in business, banking, real estate, education, and leadership, I bring maturity, resilience, and a deep appreciation for the challenges people face throughout life's transitions. During my clinical internship, I have provided counseling to individuals, couples, adolescents, and families experiencing anxiety, depression, borderline personality disorder, trauma, suicidal ideation, grief, relationship challenges, and life transitions. I have developed experience conducting comprehensive biopsychosocial assessments, establishing DSM-5-TR diagnoses, developing collaborative treatment plans, facilitating individual and couples counseling, and maintaining ethical, high-quality clinical documentation.

My counseling philosophy is grounded in collaboration, trauma-informed care, and a strengths-based approach. I strive to create a therapeutic environment where clients feel heard, understood, and empowered while developing practical skills that foster lasting growth. I value lifelong learning, welcome supervision and professional development, and look forward to contributing to a team dedicated to providing exceptional client care.

Thank you for your time and consideration. I would welcome the opportunity to discuss how my clinical training, professional experience, and passion for counseling align with your organization's mission.

Sincerely,

Michelle Trimmell, MBA, CIT

